

Soccer in Philippi

Sport Coordinator's Report

Januar – März 2016

Ehrengutstraße 19, 80469 München

Spendenkonto der Philipp Lahm-Stiftung

BHF-BANK

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iThemba Labantu Sport Coordinator's Report January-March 2016



Introduction

We had a slow start in 2016, as we had to go through a process of recruiting and interviewing new sport facilitators. It was the usual programme of registration of membership, overview and interpretation of the year plan in the most crucial exercised in this period. For all the sport facilitators to adhere and stick to the year plan for better implementation. A number of soccer tournaments were looming and had to take decisions which in we should participate in. We had accepted some new coaches in some of the football divisions which are under the 3month probation. This is the order in which I will be following this report.

1. Membership an Registration
2. Sport Codes Report
3. The pre-school Sport Programme
4. Bainskloof Sport Youth Camp, 18-21 March 2016
5. Tournament and Events
6. Sabine and the Coaching Training Development Workshop
7. Swimming
8. Conclusion

1. Membership and Registration

Registration is continuing and by the end of April 2016 we will have recess and close registration to access number of registered members and their attendance. We have risen in numbers of new membership in football and we want to keep it that way. We need to have these cut off dates in order to have a manageable football team and programme. We have also simultaneously did registration for SAFA-Cape Town cards, we will continue being part of Philippi LFA and play with our junior division in Rygate LFA. We have registered 240 iThemba Labantu sport children in 2016 including Netball Kids.

2. The Sport Codes Report

Our swimming programme has come and gone, it has been trying and error, this programme has to be taken to the other level by having a continuous swimming programme during winter by working with indoor swimming pools in Mitchels Plain or Blue Downs. We will need a Swimming Facilitator to grow the code and participation of children from the area. Netball still has one coach and attention needs to be given to growth of the Netball sport code. We are looking at being a part of competitive netball league and we are still in talks with the Mitchel's Plain Netball Union. There are only 3 divisions in the netball teams, under 11, under 13 and under 15 divisions, mixed. In soccer we have the following divisions: under 6 division and under 8,10,12,14,15,17, the senior division and a girls team.

We continue playing in the Philippi LFA, participate in Goalkeeping Training (FAGA) and the Rygate League, football has to be taken to another level hence we participated to some regional tournaments early this year so that coaches can be exposed to competitive football environment. We will be looking at the possibility of expanding as we have taken two of our coaches to a Touch Rugby coaching training programme. This will need a vehicle to be designated to sport to assist with the transportation of training material to different training venues, coordination and supervision. The building of the new field has been speed up in order for us to focus in shaping the sport ability in our sport kids.



3. Pre-school Programme

The pre-school sport programme is continuing this year as a sport fun time activity after learning hours. This programme seeks to assist in early childhood sport skills development. We work around developing an understanding around types of sport and balls used e.g: a bouncing ball (basketball), stop and throw (netball) and kick and pass (soccer). We have 20 pre-school children in this programme. We meet the kids three times a week and play fun games for warm up, this have been a good fun which the pre-school kids enjoy.

4. Bainskloof sport Youth Camp, 18-21 March 2016

From the 18-21 March we took 18 boys und 15 division and five sport facilitators to a camp in Wellington about 79km from Philippi. The aims of the camp included hiking, river swimming, outdoor game, debates and group discussions. This camp has proven to be a motivator and engaged the boys in thought provocation about social life styles, education and their life goals. We are looking forward to have these kinds of camps in the future with other groups.

5. Tournament and Events

As we progress with our sport programme we are looking at taking the football to another level. Through football as tool for youth development, we have seen some youngsters showing signs of good talent. We took a decision to expose our footballers to the level of football in the Region (Cape Town) and we demand of competitive football. Our under 12 division participated in Project Play Ground (PPG) Tournament from the 27-29 of February 2016 and won silver as we lost the final to Amandla Edu-football 3-2. The under 14 went to play in the Trinitarians Tournament, under 17 Investec FC Cape Town Tournament in which we were given a full branded kit, 20 football balls and 3 coaching development training sessions during the year. We did not do well in these tournaments but it was a good exposure and networking platform for iThemba Labantu Academy. In the under 15 Kensington Cupor team went to the quarter-finals of the mid-section.

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We will be approaching this year with caution as the challenges with fields make it difficult to plan and implement our own tournaments. The netball league has not gone well as there are local clubs who focus in youth sport or do not have the junior divisions, although, here we are approaching the schools to find ways in which we can have a school netball league. We are going forward with the Futsal 5 aside league and 8aside tournament and we are exploring involving schools in this format of the game. We are now having leagues (Rygate and Philippi LFA) that we participate in and running tournaments as the Centre has be in off season or during the week with schools.



6. Sabine and The Coaching Training Development Workshop

The presence of Sabine Krombholz in the centre and in sports add some need impetus in moving the sport programme forward and more and more football. She has dedicated her time in assisting football coaches developing a training session in an organised manner.



The three days training was held from the 29-31 March 2016, with theory and practical sessions. This has proven to be handy as coaches learn some tips in effectively running and training sessions. We had about 10 coaches taking part in this workshop which was run from 9am to 3pm. We hope to have her in the future to further assist in coaching development. There are more issues that coaches are dealing with than just coaching as it is the preparation, organisation and equipment needed for training. The workshop assisted in shifting the mind set in coaches in how they approach their work. Sabine has set a base from which the incoming coaches can be trained from.

7. Swimming

The swimming programme focused to the under 13 and 15 players and who were part of the swimming the previous year. We have ended the swimming programme with two of our players being selected to represent Browns Farm swimming pool in a regional swimming gala. This show great potential in our player and had motivated some to take swimming seriously. We will continue with swimming in October 2016 and by then we have to explore the possibility of creating continuity in the swimming programme. As I said in my last report of 2015 that swimming program can be continuously done throughout the season, only if, we can have a budget to transport a selected group of kids to an indoor swimming facility in Blue Downs that specialise in swimming classes twice a week. The Blue Downs Swimming Pool is 18km from Philippi.

8. Conclusion

The pillar for a continuous sport programme has been set, after 4 years of coordinating sport I have learned that important the supporting staff understanding the sport vision. These pillars are Core Activity (Football & Netball), Life Skills, education and recreation (Our door adventures, hiking, environment awareness etc.) which are the corner stone of youth development. We need to revisit the sport division and the possibility of involving other sport code. Sport facilitators fees has not increased in the past 4 years; this need some introspection as it hinders progress in getting coaches motivated as new sport facilitators get the same amount as those who have been sport facilitators the past 3 years. We do not have to lose the experience of facilitators that have been here for some time. New posts need to be development like the sport administrator, senior facilitator etc. to have a structure and seniority for reasons of authority and role player. Generally, Football is getting stronger and organised and netball needs more attention moving forward.

